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## MEDIA RELEASE

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## TOWN SQUARE TELEVISION ANNOUNCES ITS 2016 COMMUNITY TELEVISION PRODUCER OF THE YEAR

Inver Grove Heights, MN— Town Square Television is pleased to announce that Luke Spiegelhoff has received the 2016 Community Television Producer of the Year Award.

Luke was chosen for this award because of his role in producing the monthly "Positive Parenting" show at Town Square Television. Luke is a Therapist and Parent Educator by trade. He is the Clinical Director for FACTS, Family Adolescents and Children Therapy Services in Mendota Heights. He devotes hours of his time each year to creating content and interviewing experts on various topics regarding raising children in today's world. Positive Parenting targets parents in all stages of parenthood with the goal of helping adults have positive relationships with their children.

"Since kids don't come with an instruction manual, I'm thrilled to be sharing the most current information and research to help parents become more effective in their home," says Luke. His goal is to bring awareness to timely issues and to provide helpful insight to parents. He has been co-producing and hosting "Positive Parenting" since the show started in 2011.

"Positive Parenting" appears on Town Square Television Comcast Channel 14 and CenturyLink Channel 8414 and at www.townsquare.tv. More information about the show and schedule are available at www.townsquare.tv/positiveparenting.cfm.

"Luke's devotion and professionalism are impressive. He consistently provides his viewers with resources that could help make a difference in a child's life. His show provides knowledge from accredited experts and delivers the information in an easily consumable platform for the public. It's a pleasure to be able to work with someone who sacrifices their time in hopes to better our community," says Tommy Platek, Producer/Facilitator at Town Square Television.

Town Square Television is a non-profit organization producing local community video content for cable TV and online and providing access to video production equipment, studios, training, and cable television channel time for community members who wish to produce their own video programs. For more information and to learn about volunteer opportunities, please call 651-451-7834, or visit <u>www.townsquare.tv</u>.